

Summer Walks and key dates May - October 2017								Wednesday night walks May - August				
Day	Date	Time	Location	Contact	Telephone	Mobile	Miles	Grade	Date	Location	Contact	Tel/Mobile
Sat	1st July	9.30am	Slieve Foy, Carlingford	Liam	87740516	07756510081	6	M/D	19th July	Parkanaur	Valerie	07738731583
									26th July	Argory	Frances M	028 87723611
Sat	15th July	9.30am	Shannon Pot/Cavan Way (A-B)	Joan	87726931	07713096672	8	M/D	2nd Aug	Palace Stables, Armagh	Janet	07708499670
									9th Aug	Loughgall Park	Alice	07880987565
Sat	29th July	9.30am	Greencastle - Merville	Maureen	87723601	07745109468	8	E	16th Aug	Dungannon Town	Maureen	07745109468
									23rd Aug	Lissan House	Eunice	07788110321
Sat	12th Aug	9.30am	Lough Shannagh	Harry	87740242	07711786040	7	M	30th Aug	Drum Manor	John	07966431740
Sat	26th Aug	9.30am	Dungonnel, Cargan, Glenariffe	Bernie Mc	87740516	07756510081	9	M				
Sat	9th Sept.	9.30am	Knockatallon, The Antrawer (Tra)	Rae	87767507	07761048103	6.2	M				
	Sept/Oct		Autumn break	Joan	87726931	07713096672			When planning walks especially the weekend walks, always have a plan B in case of very bad weather			
Sat	23rd Sept	9.30 am	Portstewart Strand & Sand Dunes	Brian Mc	80758622	07776022996	6	M	Useful Web sites			
Sat	7th Oct.	9.30am	Board Walk, Cuilcagh	Mary O	87748190	07793953102	9	M	www.ufrc-online			
									www.dungannonlife.com			
	OCT		UFRC Walk, Lunch, Talk & AGM	Derek	87723601	07714777217			www.walkni.com			
									www.visitblackwaterregion.com			
Sat	21st Oct.	9.30am	Dundrum	Betty	87740649	07729402343	8	M				
									Fees: Adult = £16, Senior Citizen = £13. Due 1st Week in May			
			RAMBLING CLUB EMAIL ADDRESS									
			dungannonramblingclub@gmail.com									
									Assemble at Park Road end of Iceland car park, 5 mins prior to start time. Mid week walks assemble at Tesco re-cycling car park In convoy, please keep in touch with car behind and stop if you lose sight of it. If in doubt ask walk leader			
									Please note start times 9.30am (weekend) & 7.00pm (Wed night)			

Walks: E = easy- Mostly flat terrain/ surfaced paths, M = Moderate-Mainly off road/varied gradients, M/D = Slightly challenging- Steeper gradients, D = Challenging-Steep gradients/longer

